

Montrose Cross Country / Track & Field

Handbook Signoff Sheet

www.montrosexc.weebly.com

I have read the Montrose High School Cross Country / Track & Field handbook.

Athlete Name (PRINT CLEARLY): _____

Athlete Signature: _____

Parent/Guardian Signature: _____

Parent/ Guardian Signature: _____

Photo Release Form

PERMISSION IS GIVEN TO POST PHOTOS OF MY CHILD/ATHLETE.

I _____ (Parent/Guardian Name) give the Montrose High School Cross Country Coaching Staff permission to post my child's/athletes photo on the Montrose Cross Country web page.

Signature of Parent/Guardian: _____

DO NOT POST PHOTOS OF MY CHILD/ATHLETE.

I _____ (Parent/Guardian Name) **do not** give the Montrose High School Cross Country Coaching Staff permission to post my child's/athletes photo on the Montrose Cross Country web page.

Signature of Parent/Guardian: _____